

MYP Approaches to Learning (ATL)

Skills Progression

		Novice	Learner	Practitioner	Expert
Communication	<i>Exchanging thoughts, messages and information effectively through interaction</i>	Use basic communication techniques, such as simple sentences and gestures, to share ideas with peers.	Tailor messages to specific audiences using appropriate vocabulary and tone; actively listen and respond in discussions.	Communicate complex ideas clearly and persuasively in various formats (e.g., discussions, debates, multimedia).	Demonstrate mastery in adapting communication styles to diverse audiences and contexts, incorporating advanced rhetorical strategies.
	<i>Reading, writing and using language to gather and communicate information</i>	Identify main ideas in texts and write structured sentences or short paragraphs.	Summarize and analyze information from simple texts; write coherent paragraphs with supporting details.	Synthesize information from multiple texts and create structured, analytical pieces using subject-specific language.	Critically evaluate texts, create nuanced arguments, and communicate ideas effectively through advanced writing and speaking techniques.
Social	<i>Working effectively with others</i>	Participate in group tasks by contributing ideas with teacher support.	Take on specific roles in collaborative tasks and maintain accountability.	Negotiate roles, mediate conflicts, and ensure equitable contributions within teams.	Lead diverse teams, mentor peers, and reflect critically on group dynamics to improve outcomes.
Self-Management	<i>Managing time and tasks effectively</i>	Use checklists or simple planners to complete tasks with	Prioritize tasks independently and set realistic deadlines for	Develop and follow detailed plans for managing long-term	Create and refine personalized systems to manage complex

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ChatGPT. (2025) "Create a scope and sequence or skills progression for the MYP Approaches to Learning, scaffolding across the 5 years of the programme.." Chat conversation.

		teacher guidance.	short-term goals.	projects, balancing multiple priorities.	academic, professional, and personal responsibilities.
	<i>Managing state of mind</i>	Recognize and label basic emotions; practice relaxation techniques.	Identify stressors and apply simple strategies to manage focus and emotions.	Reflect on emotional responses and implement mindfulness practices to maintain resilience.	Adapt and refine advanced self-management techniques to sustain focus and well-being in challenging situations.
	<i>(Re)considering the process of learning; choosing and using ATL skills</i>	Reflect on learning experiences with teacher guidance to identify strengths and areas for improvement.	Select and apply appropriate ATL skills for specific tasks with increasing independence.	Analyze the effectiveness of ATL skills in different contexts and adjust strategies accordingly.	Demonstrate metacognitive awareness by independently refining learning strategies and teaching others.
Research	<i>Finding, interpreting, judging and creating information</i>	Use basic search strategies to find information with teacher support; recognize simple sources of bias.	Evaluate sources for relevance and credibility; organize and interpret data for specific tasks.	Independently assess the validity of complex sources, synthesize data, and present findings clearly.	Conduct advanced research, integrating and critiquing diverse sources to create original insights.
	<i>Interacting with media to use and create ideas and information</i>	Use simple digital tools to consume and share information.	Explore and evaluate different media platforms to gather and share ideas effectively.	Create professional-quality media products (e.g., videos, presentations) to communicate complex ideas.	Innovate with multimedia tools, critically analyzing and producing content that engages diverse audiences.

Thinking	<i>Analysing and evaluating issues and ideas</i>	Identify patterns, cause-and-effect relationships, and basic problems in simple contexts.	Compare and contrast ideas, evaluate strengths and weaknesses, and suggest simple improvements.	Analyze complex issues, considering multiple perspectives and implications.	Evaluate abstract concepts and global issues using advanced analytical frameworks, proposing well-reasoned solutions.
	<i>Generating novel ideas and considering new perspectives</i>	Brainstorm ideas with teacher prompts or structured tools.	Explore alternative perspectives and apply simple strategies (e.g., SCAMPER) to develop creative solutions.	Generate innovative ideas independently and refine them through feedback and critical reflection.	Lead innovation by integrating interdisciplinary approaches and generating groundbreaking ideas.
	<i>Using skills and knowledge in multiple contexts</i>	Apply learned skills to familiar situations with guidance.	Transfer skills and knowledge to slightly unfamiliar or new contexts.	Adapt and apply skills across diverse and complex situations independently.	Synthesize skills and knowledge from multiple disciplines to solve real-world problems creatively and effectively.